

## **Naturist Ramblers Club – Vulnerable Adults**

We are committed to ensuring the well-being of everyone who participates in Naturist Ramblers activities and will take every practical step to minimise the risk of harm, paying particular attention to the needs of those who are most vulnerable, including vulnerable adults. Please help us by reading the following guidance and following it where appropriate. It is particularly relevant to vulnerable adults and others with special needs; and their carers and support workers. We are committed to equal opportunities and diversity and aim to treat everyone with dignity and respect, and not to discriminate on grounds of age, disability, ethnicity, race, sex (gender), sexual orientation, gender reassignment, religion or belief or non-belief, marriage or civil partnership, or pregnancy or maternity.

Everyone over the age of 18 is welcome to participate in our activities, so long as our walks are practically appropriate for a particular individual. However we are not able to provide specialist care and support for those that need it. Most of our walks are over rugged footpaths and tracks and may not be suitable some. If you are unclear whether our walks might be suitable for you, please contact our [Club Secretary](#) who will be happy to advise you.

If you are an adult who is unable for whatever reason to care for themselves independently, or needs specific help in order to participate in an activity safely (for example because of an illness or disability), you must be accompanied by another adult such as a carer or support worker who takes responsibility for your care. If you are a Naturist Ramblers member then there is no need for your carer or support worker to be a member too.

If you are a carer or support worker accompanying someone who is unable to care for themselves independently or who needs special assistance, please be aware you are responsible for their direct care and/or special assistance, and that this is not the responsibility of Naturist Ramblers volunteers.

Please tell the walk leader or organiser discreetly and in confidence about any medical conditions that may affect the ability of you or the people in your care to participate safely in the activity.

Before and during the activity, please follow the advice of the leader. Leaders have to take responsibility for everyone's safety and enjoyment, and can refuse to accept people who in their judgement may place themselves or the group in danger or seriously disrupt the activity.

If you have any concerns about the behaviour of anyone participating in an activity, such as abusive, threatening or inappropriate behaviour, raise this discreetly with the walk leader. If you have concerns that a vulnerable person is being placed in danger or abused, you can raise this with your local authority, or the [Club Secretary](#). If you suspect that anyone is ever in immediate danger call the police.