

## Nat Ram Walks – Covid and non-Covid Related Risk Assessment

Use this risk assessment to help you understand the risks and any steps you need to take to stay safe before leading a group walk. Please complete a copy for every walk and keep this for one year after the date of the walk.

<b>Walk Leader</b>		<b>Date of Walk</b>	
<b>Walk Name</b>		<b>Date of Risk Assessment</b>	

### Covid Related

Possible hazard	Who Might be harmed and how?	Ways to Control the Risk	Action Taken? (Tick box)
Transmission of Covid 19 through close contact / meeting other people	Walkers, members of the public – risk of spreading Covid 19	Plan the walk for a less busy time	
		Avoid particularly busy or narrow routes where physical distancing is not possible.	
		Give clear information about limiting the group size in line with government guidance.	
		Remind walkers beforehand about the guidelines.	
		Advise walkers at the start of the walk to maintain physical distancing, and what to do at any pinch points or road crossings – this is everyone’s responsibility.	
		Carry a face covering in case of incidents.	
		Ensure you have a record of who attended the walk, for contact tracing.	
Transmission of Covid 19 through touching gates, stiles, fences or equipment	Walkers, members of the public – risk of spreading Covid 19	Avoid touching gates and path furniture where possible	
		Suggest walkers bring hand sanitiser.	
		Advise walkers not to share food, drink or equipment such as walking poles.	

## Non Covid Related

Possible hazard	Who Might be harmed and how?	Ways to Control the Risk	Action Taken? (Tick box)
Bad weather (including extreme temperatures)	Walkers – risk of illness and injury, risk of the group being stranded	Check the weather forecast and postpone/cancel if necessary. Advise walkers to bring suitable clothing and items for the conditions	
		Make a note of 'escape routes' on the recce.	
Busy Roads	Walkers, risk of vehicle collisions	Avoid routes along busy roads and/or check for suitable crossing places on the recce.	
Steep, slippery or muddy sections	Walkers – risk of trips / slips	Check for muddy/slippery sections on the recce and adapt the route if necessary. Advise walkers to bring suitable footwear for the conditions.	
Livestock	Walkers – risk of injury. Risk of property damage if livestock escape	Cross fields with livestock calmly and quietly, keeping the group together. Be prepared to divert around livestock if necessary	
		Follow the Countryside Code (England & Wales) and Access Code (Scotland). Leave gates and property as you find them.	
Cliffs or sheer drops	Walkers – risk of falls	Check paths are suitable for a group to use safely and make changes if necessary	
		Follow any local warnings or signs, and advise walkers to keep away from the edge	
<i>(Please add more lines if needed)</i>			

If you have any questions about **The Naturist Ramblers Club walks**, please get in touch with the [Secretary](#)